

medicare

## Mental Health Kids Hubs

# Free wellbeing support for kids and families.

Medicare Mental Health Kids Hubs are welcoming places where children aged 0 to 12 years, and their families, carers, and kin, can access a range of mental health and wellbeing supports and services.

Kids Hubs are free for everyone, and you don't need a diagnosis or referral.

We're here to listen, understand, and help guide your family forward.



- Go to [medicarementalhealth.gov.au/kidshubs](https://medicarementalhealth.gov.au/kidshubs)
- Call Medicare Mental Health on **1800 595 212**
- Visit your nearest **Medicare Mental Health Kids Hub**.

